WONDERROOTS KIDS

WINTER TRACKER ADVENTURE

A quiet winter nature activity for little explorers • Ages 2-6

1 Who Left the Track?

Search the backyard snow or mud. Check the animals whose tracks you spot.



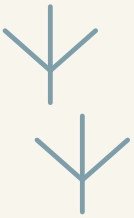
Rabbit hops

Two long prints, two tiny prints



Deer hooves

Pairs of split hoof marks



Bird / turkey

Three toes pointing forward

2 Snowflake Measurement Station

Let snowflakes land inside the circles. Which sizes is nature making today?



Tiny



Medium

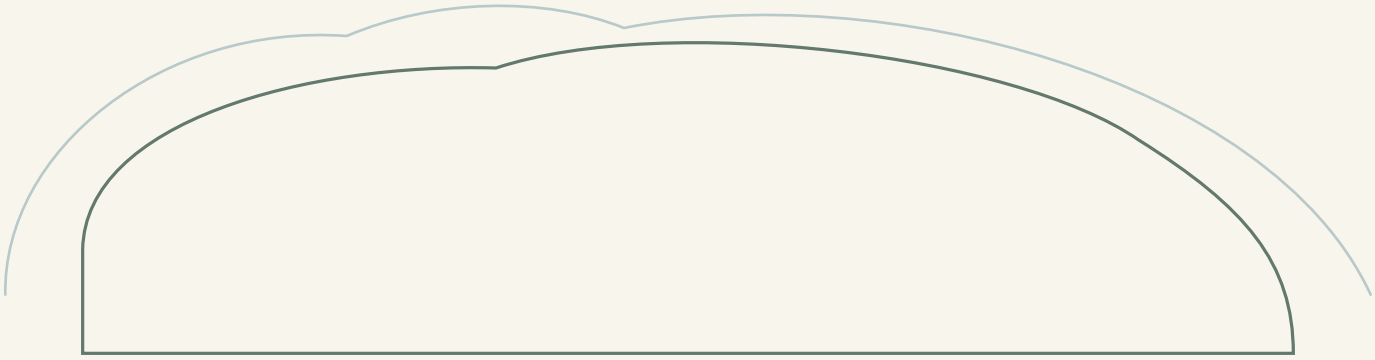


Giant

Compare by eye - the circles are size guides, not a ruler.

3 Hibernation Cave Drawing Station

Draw a cozy picture of a forest friend like a bear, a chipmunk, or a frog taking a warm, quiet winter nap inside their home.



Deep Winter Breathing

Breathe in gently like you are smelling a pine tree. Breathe out slowly like a soft winter breeze. Repeat three times together.

Grown-up supervision required. Wash hands with soap after play.